

Times

Session

FRIDAY JULY 19TH, 2024

3:00 p.m. – 5:00 p.m.

Registration & Welcome
Distribution of Welcome Packages

Location: John E. St. Luce Finance & Conference Center

5:00p.m. – 8:00 p.m.

Opening Ceremony: Networking Event & Cocktail

Introduction of Delegates

Location: John E. St. Luce Finance & Conference Center

Dress Code: Business Attire

SATURDAY JULY 20TH, 2024

8:30 a.m. – 9:30am

Welcome and Introductions

Dress code: Jeans and Nolan Hue branded shirts

9:30 a.m. – 11:00 a.m.

Session 1– Wellness Session- Focus on overall personal wellbeing

- Mental Health
- Fitness and Nutrition

11:00 a.m. - 12:00 noon

Session 2 – Your Choice

Your choice – each delegate will select session of choice via website

Option 1- The Career (Resume, cover letter, interview skills, etc.)

Option 2- Technology – Artificial Intelligence

Option 3-Financial Starter Pack

12:00 p.m. – 1:00 p.m.

Session 3 – Public Speaking

1:00 p.m. - 1:45 p.m.

LUNCH

1:45 p.m. – 3:00pm

Session 4 – Podcast

Youth Leadership, Charity and Influence – *Special Guests Attendance*

Dress Code: YER branded shirt and Jeans

3:00 p.m. – 5:00 p.m. **Session 5- Team Building and Leadership Activity**
Participants will actively engage in a series of team activities

7:00 p.m.- 9:00 p.m. **BON FIRE**
Appreciating our history - Antigua & Barbuda
Location: *Tree house Beach Club, Fort James* **Dress code:** *Casual Attire*

SUNDAY JULY 21ST, 2024

11:00 a.m. – 12:00 p.m. **Professional Headshot**
Dress code: Business Attire
Each delegate will be given an opportunity to take professional headshots

12:00 p.m. – 12:30 p.m. **Session 6 – Resilient Mindset**

12:30 a.m. – 1:45 p.m. **Session 7 - Connecting your purpose**
Helping delegates to connect the dots with their profession and mission

1:45 p.m. – 2:00 p.m. **Water Break**

2:00 p.m. - 3:30 p.m. **Session 8- “Message from the Youth”**
Dress Code: Business Formal
Youth will develop solutions on tackling issues affecting Antigua & Barbuda

3:30 p.m. - 4:30 p.m. **Session 9: Dining like a Diplomat**
Dress Code: Business Formal
Delegates will be exposed to basics in dining etiquette and social graces

4:30 p.m. - 6:00 p.m. **Corporate Gala & Awards Ceremony**
Dress Code: Business Formal

6:00 p.m. **DEPARTURE**
